

<b>Canteen</b>	<b>Techno Edge</b>
<b>Stall Number</b>	<b>3</b>
<b>Food Type</b>	<b>Vegetarian</b>
<b>Operator</b>	<b>Soh Hoe Ann</b>

No.	Ingredients	Energy (Kcal)	Protein (g)	Total Fat (g)	Carbohydrate (g)	Sugar (g)
Dish 1	Stir Fried Broccoli	23	2.6	0.4	2.4	2.1
Food Allergens						
Dish 2	Stir Fried Beansprouts	20	1.7	0.7	1.6	1.2
Food Allergens						
Dish 3	Stir Fried Bittergourd	15	0.5	0.5	2.1	2.1
Food Allergens	Peanuts, soybeans and their products					
Dish 4	Stir Fried Cabbage	24	1.3	0.7	3.2	3.0
Food Allergens						
Dish 5	Stir Fried Lotus Root	37	1.0	0.5	7.1	0.6
Food Allergens						
Dish 6	Stir Fried Seaweed	45	2.3	1.3	7.2	1.9
Food Allergens						
Dish 7	Stir Fried Tau Kwa	71	7.0	3.9	2.6	1.3
Food Allergens	Peanuts, soybeans and their products					
Dish 8	Stir Fried Golden Needle Vegetable	42	0.9	2.3	4.4	4.0
Food Allergens						
Dish 9	Stir Fried King Oyster Mushroom	54	3.1	1.9	5.0	2.7
Food Allergens						
Dish 10	Stir Fried Chinese Yam	68	1.5	1.5	10.8	3.0
Food Allergens	Peanuts, soybeans and their products					
Dish 11	Stir Fried Brinjal	29	1.4	0.4	5.0	5.0
Food Allergens	Peanuts, soybeans and their products					
Dish 12	Stir Fried Long Bean	25	1.4	0.6	3.5	3.1
Food Allergens	Peanuts, soybeans and their products					
Dish 13	Stir Fried Green Amaranth	19	1.5	0.6	2.8	0.4
Food Allergens						
Dish 14	Stir Fried Mushroom Mock Meat	124	9.5	5.4	9.1	3.4
Food Allergens	Cereals containing gluten					
	Eggs and egg products					
	Peanuts, soybeans and their products					
Dish 15	Stir Fried Tau Gee Tang Hoon	85	4.0	3.0	10.2	4.4
Food Allergens	Cereals containing gluten					
	Peanuts, soybeans and their products					
Dish 16	Stir Fried Potato Fries	110	1.5	4.0	16.2	1.1
Food Allergens						
Dish 17	Chilli Mock Meat Bits	96	6.5	3.5	9.2	7.1
Food Allergens	Peanuts, soybeans and their products					
Dish 18	Sweet & Sour Mock Meat	289	13.9	19.2	15.1	9.4
Food Allergens	Cereals containing gluten					
	Peanuts, soybeans and their products					
Dish 19	Stewed Mock Fish Balls	96	0.8	5.0	12.1	7.4
Food Allergens	Cereals containing gluten					
	Peanuts, soybeans and their products					
Dish 20	Deep Fried Vegetable Fritter	230	5.2	10.7	28.1	1.6
Food Allergens	Cereals containing gluten					
	Peanuts, soybeans and their products					
Dish 21	Fried Noodle	472	10.6	17.3	68.4	4.8
Food Allergens	Cereals containing gluten					
	Peanuts, soybeans and their products					
Dish 22	Fried Kway Teow	351	4.4	4.4	73.2	1.6
Food Allergens	Peanuts, soybeans and their products					
Dish 23	Fried Rice	258	4.9	2.3	54.5	1.6
Food Allergens						
Dish 24	Fried Bee Hoon	258	4.0	3.5	52.6	0.3
Food Allergens	Cereals containing gluten					
	Peanuts, soybeans and their products					

No.	Ingredients	Energy (Kcal)	Protein (g)	Total Fat (g)	Carbohydrate (g)	Sugar (g)
Side 1	Boiled Chickpea	95	5.0	1.6	11.2	2.6
Food Allergens						
Side 2	Boiled Pumpkin	43	0.6	0.1	9.9	7.6
Food Allergens						

<b>Side 3</b>	<b>Boiled Sweet Corn</b>	41	1.4	0.7	7.6	2.7
<b>Food Allergens</b>						
<b>Side 4</b>	<b>Mock Char Siew</b>	99	13.3	1.4	8.6	0.0
<b>Food Allergens</b>	Cereals containing gluten					
<b>Side 5</b>	<b>Deep Fried Egg</b>	114	5.1	10.2	0.4	0.4
<b>Food Allergens</b>	Eggs and egg products					
<b>Side 6</b>	<b>Deep Fried Spring Roll</b>	174	3.7	9.3	19.1	3.1
<b>Food Allergens</b>	Cereals containing gluten					
	Peanuts, soybeans and their products					
<b>Side 7</b>	<b>Deep Fried Mock Chicken Drumstick</b>	393	16.7	30.6	12.8	4.3
<b>Food Allergens</b>	Cereals containing gluten					
	Peanuts, soybeans and their products					
<b>Side 8</b>	<b>Deep Fried Mock Roast Duck</b>	300	10.3	27.3	3.1	2.2
<b>Food Allergens</b>	Cereals containing gluten					
<b>Side 9</b>	<b>Deep Fried Mock Chicken Bites</b>	180	7.3	14.6	3.9	1.3
<b>Food Allergens</b>	Cereals containing gluten					
	Peanuts, soybeans and their products					
<b>Side 10</b>	<b>Deep Fried Mock Goose</b>	115	7.2	7.2	5.1	0.2
<b>Food Allergens</b>	Peanuts, soybeans and their products					
<b>Side 11</b>	<b>White Rice</b>	351	7.1	0.5	79.5	0.2
<b>Food Allergens</b>						
<b>Side 12</b>	<b>Brown Rice</b>	276	5.8	1.3	59.9	0.4
<b>Food Allergens</b>						