| Canteen | Techno Edge |
| :--- | :---: |
| Stall Number | 6 |
| Food Type | Chinese Cooked Food |
| Operator | Lai Cheng Boon |


| No． | Ingredients | Energy（Kcal） | Protein（g） | Total Fat（g） | Carbohyrate（g） | Sugar（g） |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Dish 1 | Steamed Pork Rib 糖醋排骨 | 201 | 10.1 | 16.4 | 2.7 | 2.4 |
| Food Allergens | Cereals containing gluten |  |  |  |  |  |
|  | Peanuts，soybeans and their products |  |  |  |  |  |
| Dish 2 | Chinese Leek with Tofu 韭菜豆腐 | 201 | 10.1 | 16.4 | 2.7 | 2.4 |
| Food Allergens | Cereals containing gluten |  |  |  |  |  |
|  | Peanuts，soybeans and their products |  |  |  |  |  |
| Dish 3 | Kung Pao Chicken 宫保鸡丁 | 253 | 17.8 | 20.0 | 0.5 | 0.5 |
| Food Allergens | Cereals containing gluten |  |  |  |  |  |
| Dish 4 | Pig Liver with Spring Onion 姜葸炒猪肝 | 171 | 23.4 | 6.5 | 3.1 | 0.4 |
| Food Allergens | Cereals containing gluten |  |  |  |  |  |
| Dish 5 | Curry Chicken Drumstick | 130 | 11.9 | 7.9 | 2.9 | 1.4 |
| Food Allergens | Cereals containing gluten |  |  |  |  |  |
|  | Eggs and egg products |  |  |  |  |  |
|  | Peanuts，soybeans and their products |  |  |  |  |  |
|  | Tree nuts and nut products |  |  |  |  |  |
|  | Crustacean and crustacean products |  |  |  |  |  |
|  | Fish and fish products |  |  |  |  |  |
|  | Milk and milk products |  |  |  |  |  |
| Dish 6 | Stir Fried Pork Slices | 294 | 18.5 | 24.1 | 1.7 | 0.4 |
| Food Allergens | Cereals containing gluten |  |  |  |  |  |
|  | Peanuts，soybeans and their products |  |  |  |  |  |
| Dish 7 | Stir Fried Minced Pork | 181 | 12.2 | 14.4 | 0.9 | 0.2 |
| Food Allergens | Cereals containing gluten |  |  |  |  |  |
|  | Peanuts，soybeans and their products |  |  |  |  |  |
| Dish 8 | Bittergourd with Egg | 71 | 3.7 | 5.0 | 2.8 | 2.8 |
| Food Allergens | Eggs and egg products |  |  |  |  |  |
| Dish 9 | Onion Egg | 141 | 8.6 | 10.9 | 1.9 | 1.9 |
| Food Allergens | Eggs and egg products |  |  |  |  |  |
| Dish 10 | Stewed Potato | 143 | 3.9 | 4.1 | 20.5 | 2.2 |
| Food Allergens | Cereals containing gluten |  |  |  |  |  |
|  | Peanuts，soybeans and their products |  |  |  |  |  |
| Dish 11 | Stir Fried Nai Bai（Milk Cabbage） | 41 | 1.0 | 3.4 | 0.0 | 0.0 |
| Food Allergens |  |  |  |  |  |  |
| Dish 12 | Stir Fried Cabbage | 48 | 1.5 | 3.3 | 3.2 | 3.0 |
| Food Allergens |  |  |  |  |  |  |
| Dish 13 | Stir Fried Xiao Bai Cai | 48 | 1.6 | 4.0 | 1.3 | 1.3 |
| Food Allergens |  |  |  |  |  |  |
| Dish 14 | Stir Fried Broccoli | 51 | 3.4 | 3.0 | 2.4 | 2.4 |
| Food Allergens |  |  |  |  |  |  |
| Dish 15 | Stir Fried Long Beans | 48 | 2.0 | 2.5 | 4.2 | 3.2 |
| Food Allergens | Cereals containing gluten |  |  |  |  |  |
|  | Peanuts，soybeans and their products |  |  |  |  |  |
| Dish 16 | Stir Fried Brinjal | 63 | 2.4 | 3.2 | 6.3 | 5.0 |
| Food Allergens | Cereals containing gluten |  |  |  |  |  |
|  | Peanuts，soybeans and their products |  |  |  |  |  |
| Dish 17 | Mala Fish Slices | 84 | 15.0 | 1.8 | 1.7 | 0.6 |
| Food Allergens | Cereals containing gluten |  |  |  |  |  |
|  | Peanuts，soybeans and their products |  |  |  |  |  |
|  | Fish and fish products |  |  |  |  |  |


| No． | Ingredients | Energy（Kcal） | Protein（g） | Total Fat（g） | Carbohyrate（g） | Sugar（g） |  |
| :---: | :--- | :---: | :---: | :---: | :---: | :---: | :---: |
| Side 1 | White Rice（Small） | 192 | 3.8 | 0.7 | 42.7 | 0.1 |  |
| Food Allergens |  |  |  |  |  |  |  |
| Side 2 | White Rice（Upsize） | 303 | 6.1 | 1.1 | 67.2 | 0.2 |  |
| Food Allergens |  |  |  |  |  |  |  |


| Side 3 | Brown Rice (Small) | 176 | 4.5 | 1.1 | 37.1 | 0.0 |
| :---: | :--- | :---: | :---: | :---: | :---: | :---: |
| Food Allergens | Brown Rice (Upsize) |  |  |  |  |  |
| Side 4 | B | 7.1 | 1.7 | 58.4 | 0.1 |  |
| Food Allergens |  |  | 7.1 |  |  |  |

