

Canteen	Techno Edge
Stall Number	1
Food Type	Western
Operator	Oon Kok Wee

No.	Ingredients	Energy (Kcal)	Protein (g)	Total Fat (g)	Carbohydrate (g)	Sugar (g)
Dish 1	Black Pepper Chicken Chop	775	42.4	51.7	31.6	6.9
Food Allergens	Cereals containing gluten					
Dish 2	Chicken Cutlet	966	47.8	60.1	54.9	7.2
Food Allergens	Cereals containing gluten					
	Eggs and egg products					
Dish 3	Grilled Dory Fish	530	45.1	21.3	37.2	8.2
Food Allergens	Cereals containing gluten					
Dish 4	Fish & Chip	838	46.4	49.1	50.7	8.3
Food Allergens	Cereals containing gluten					
	Eggs and egg products					
	Fish and fish products					
Dish 5	Black Pepper Ribeye Steak	807	44.9	45.6	53.2	9.3
Food Allergens	Cereals containing gluten					
	Eggs and egg products					
Dish 6	Combo Set 1: Ribeye Steak & Grilled Chicken	831	43.2	48.7	52.5	9.0
Food Allergens	Cereals containing gluten					
	Eggs and egg products					
Dish 7	Combo Set 2: Ribeye Steak & Grilled Fish	680	41.3	33.2	52.4	9.2
Food Allergens	Cereals containing gluten					
	Eggs and egg products					
Dish 8	Combo Set 3: Ribeye Steak & Grilled Salmon	776	42.4	43.6	52.3	9.0
Food Allergens	Cereals containing gluten					
	Eggs and egg products					
	Fish and fish products					
Dish 9	Combo Set 4: Grilled Chicken Chop & Grilled Salmon	846	43.7	50.8	51.1	9.0
Food Allergens	Cereals containing gluten					
	Eggs and egg products					
	Fish and fish products					
Dish 10	Combo Set 5: Grilled Chicken Chop & Grilled Dory Fish	750	42.7	40.3	51.3	9.2
Food Allergens	Cereals containing gluten					
	Eggs and egg products					
	Fish and fish products					
Dish 11	Arrabiata	295	10.3	5.1	50.0	7.3
Food Allergens	Cereals containing gluten					
Dish 12	Pomodoro	341	13.9	2.7	69.0	21.6
Food Allergens	Cereals containing gluten					
Dish 13	Creamy Chicken Spaghetti (Small)	755	31.6	54.3	34.1	3.7
Food Allergens	Cereals containing gluten					
	Eggs and egg products					
	Milk and milk products					
Dish 14	Creamy Chicken Spaghetti (Normal)	822	34.0	54.7	47.2	4.0
Food Allergens	Cereals containing gluten					
	Eggs and egg products					
	Milk and milk products					
Dish 15	Creamy Chicken Spaghetti (Upsize)	901	36.9	55.2	62.7	4.3
Food Allergens	Cereals containing gluten					
	Eggs and egg products					
	Milk and milk products					
Dish 16	Creamy Chicken Ham & Mushroom Spaghetti (Small)	571	19.2	38.2	37.8	4.2
Food Allergens	Cereals containing gluten					
	Eggs and egg products					
	Milk and milk products					
Dish 17	Creamy Chicken Ham & Mushroom Spaghetti (Normal)	638	21.7	38.6	50.9	4.4
Food Allergens	Cereals containing gluten					
	Eggs and egg products					
	Milk and milk products					
Dish 18	Creamy Chicken Ham & Mushroom Spaghetti (Upsize)	717	24.6	39.0	66.4	4.7
Food Allergens	Cereals containing gluten					
	Eggs and egg products					
	Milk and milk products					
Dish 19	Prawns & Mushroom Spaghetti (Small)	557	20.5	36.5	36.9	4.0
Food Allergens	Cereals containing gluten					
	Crustacean and crustacean products					
	Eggs and egg products					
	Milk and milk products					

No.	Ingredients	Energy (Kcal)	Protein (g)	Total Fat (g)	Carbohydrate (g)	Sugar (g)
Dish 20	Prawns & Mushroom Spaghetti (Normal)	624	23.0	36.9	50.0	4.2
Food Allergens	Cereals containing gluten					
	Crustacean and crustacean products					
	Eggs and egg products					
	Milk and milk products					
Dish 21	Prawns & Mushroom Spaghetti (Upsize)	703	25.9	37.3	65.4	4.5
Food Allergens	Cereals containing gluten					
	Crustacean and crustacean products					
	Eggs and egg products					
	Milk and milk products					
Dish 22	Hot Chicken Spaghetti (Small)	298	16.6	8.6	36.9	7.0
Food Allergens	Cereals containing gluten					
Dish 23	Hot Chicken Spaghetti (Normal)	365	19.1	9.0	50.0	7.3
Food Allergens	Cereals containing gluten					
Dish 24	Hot Chicken Spaghetti (Upsize)	444	22.0	9.4	65.5	7.6
Food Allergens	Cereals containing gluten					
Dish 25	Creamy Sausage & Mushroom Spaghetti (Small)	688	28.8	46.7	37.6	4.0
Food Allergens	Cereals containing gluten					
	Eggs and egg products					
	Milk and milk products					
Dish 26	Creamy Sausage & Mushroom Spaghetti (Normal)	755	31.3	47.0	50.7	4.2
Food Allergens	Cereals containing gluten					
	Eggs and egg products					
	Milk and milk products					
Dish 27	Creamy Sausage & Mushroom Spaghetti (Upsize)	834	34.2	47.5	66.1	4.5
Food Allergens	Cereals containing gluten					
	Eggs and egg products					
	Milk and milk products					
Dish 28	Alfredo (Small)	651	28.9	42.8	37.8	4.2
Food Allergens	Cereals containing gluten					
	Crustacean and crustacean products					
Dish 29	Alfredo (Normal)	718	31.3	43.2	50.9	4.4
Food Allergens	Cereals containing gluten					
	Eggs and egg products					
	Milk and milk products					
Dish 30	Alfredo (Upsize)	797	34.2	43.7	66.4	4.7
Food Allergens	Cereals containing gluten					
	Eggs and egg products					
	Milk and milk products					
Dish 31	Chicken Patty Spaghetti	530	29.3	19.1	58.4	7.6
Food Allergens	Cereals containing gluten					
	Eggs and egg products					
Dish 32	Chicken Cheese Ball Spaghetti	501	24.3	16.7	61.7	9.6
Food Allergens	Cereals containing gluten					
	Eggs and egg products					
	Milk and milk products					
Dish 33	Salmon e Funghi Spaghetti (Small)	715	31.2	49.4	36.9	4.0
Food Allergens	Cereals containing gluten					
	Eggs and egg products					
	Fish and fish products					
	Milk and milk products					
Dish 34	Salmon e Funghi Spaghetti (Normal)	782	33.7	49.7	50.0	4.2
Food Allergens	Cereals containing gluten					
	Eggs and egg products					
	Fish and fish products					
	Milk and milk products					
Dish 35	Salmon e Funghi Spaghetti (Upsize)	861	36.6	50.2	65.4	5
Food Allergens	Cereals containing gluten					
	Eggs and egg products					
	Fish and fish products					
	Milk and milk products					
Dish 36	Seafood Marinara (Small)	373	36.1	7.8	37.9	7
Food Allergens	Cereals containing gluten					
	Crustacean and crustacean products					
	Fish and fish products					
Dish 37	Seafood Marinara (Normal)	440	38.5	8.1	51.0	7
Food Allergens	Cereals containing gluten					
	Crustacean and crustacean products					
	Fish and fish products					
Dish 38	Seafood Marinara (Upsize)	519	41.4	8.6	66.5	8
Food Allergens	Cereals containing gluten					
	Crustacean and crustacean products					
	Fish and fish products					

No.	Ingredients	Energy (Kcal)	Protein (g)	Total Fat (g)	Carbohydrate (g)	Sugar (g)
Dish 39	Creamy Fish Pasta (Small)	616	32.1	39.0	34.1	4
Food Allergens	Cereals containing gluten					
	Eggs and egg products					
	Fish and fish products					
	Milk and milk products					
Dish 40	Creamy Fish Pasta (Normal)	683	34.6	39.4	47.2	4
Food Allergens	Cereals containing gluten					
	Eggs and egg products					
	Fish and fish products					
	Milk and milk products					
Dish 41	Creamy Fish Pasta (Upsize)	762	37.5	39.8	62.7	4
Food Allergens	Cereals containing gluten					
	Eggs and egg products					
	Fish and fish products					
	Milk and milk products					
Dish 42	Baked Beans, Fries & Sausage	359	16.8	22.0	21.7	4
Food Allergens	Cereals containing gluten					
	Crustacean and crustacean products					
Dish 43	Baked Beans, Mashed Potato & Sausage	447	18.6	24.6	35.6	6
Food Allergens						

No.	Ingredients	Energy (Kcal)	Protein (g)	Total Fat (g)	Carbohydrate (g)	Sugar (g)
Side 1	Mashed Potato	89	1.9	2.5	13.8	2
Food Allergens						
Side 2	Sunny Side Up	102	7.0	8.0	0.5	0
Food Allergens	Eggs and egg products					
Side 3	French Fries	164	1.3	11.6	13.5	0
Food Allergens						
Side 4	Hot Dog	153	13.4	10.3	0.7	0
Food Allergens						
Side 5	Spaghetti	157	5.8	0.9	30.8	1
Food Allergens	Cereals containing gluten					
	Eggs and egg products					
	Fish and fish products					
	Milk and milk products					
Side 6	Tasty Rice	210	4.2	0.8	46.7	0
Food Allergens						
Side 7	Chicken Ham	36	3.8	1.9	1.0	0
Food Allergens						
Side 8	Coleslaw	68	0.7	4.7	4.9	4
Food Allergens	Fish and fish products					
	Milk and milk products					