Canteen	Techno Edge
Stall Number	1
Food Type	Western
Operator	Oon Kok Wee

No.	Ingredients	Energy (Kcal)	Protein (g)	Total Fat (g)	Carbohyrate (g)	Sugar (g)
Dish 1	Black Pepper Chicken Chop	775	42.4	51.7	31.6	6.9
Food Allergens	Cereals containing gluten					
Dish 2	Chicken Cutlet	966	47.8	60.1	54.9	7.2
Food Allergens	Cereals containing gluten					
	Eggs and egg products					
Dish 3	Grilled Dory Fish	530	45.1	21.3	37.2	8.2
Food Allergens	Cereals containing gluten					
Dish 4	Fish & Chip	838	46.4	49.1	50.7	8.3
Food Allergens	Cereals containing gluten					
	Eggs and egg products	-				
	Fish and fish products					
Dish 5	Black Pepper Ribeye Steak	807	44.9	45.6	53.2	9.3
Food Allergens	Cereals containing gluten	-				
Dish C	Eggs and egg products	024	42.2	40.7	53.5	0.0
Dish 6	Combo Set 1: Ribeye Steak & Grilled Chicken	831	43.2	48.7	52.5	9.0
Food Allergens	Cereals containing gluten	-				
Dish 7	Eggs and egg products	680	41.3	33.2	52.4	9.2
Food Allergens	Combo Set 2: Ribeye Steak & Grilled Fish Cereals containing gluten	000	71.3	55.2	52.4	5.2
1000 Alleigens	Eggs and egg products	1				
Dish 8	Combo Set 3: Ribeye Steak & Grilled Salmon	776	42.4	43.6	52.3	9.0
Food Allergens	Cereals containing gluten				110	2.0
	Eggs and egg products	1				
	Fish and fish products	1				
Dish 9	Combo Set 4: Grilled Chicken Chop & Grilled Salmon	846	43.7	50.8	51.1	9.0
Food Allergens	Cereals containing gluten					
	Eggs and egg products					
	Fish and fish products					
Dish 10	Combo Set 5: Grilled Chicken Chop & Grilled Dory Fish	750	42.7	40.3	51.3	9.2
Food Allergens	Cereals containing gluten					
	Eggs and egg products	-				
	Fish and fish products					
Dish 11	Arrabiata	295	10.3	5.1	50.0	7.3
Food Allergens	Cereals containing gluten	244	12.0	2.7	60.0	24.0
Dish 12	Pomodoro Caraala capitaining gluton	341	13.9	2.7	69.0	21.6
Food Allergens	Cereals containing gluten	755	21.0	54.3	24.4	3.7
Dich 12	Croamy Chickon Snaghotti (Small)					
Dish 13	Creamy Chicken Spaghetti (Small)	755	31.6	54.5	34.1	517
Dish 13 Food Allergens	Cereals containing gluten	/55	31.0	54.5	34.1	5.7
	Cereals containing gluten Eggs and egg products		31.0	54.5	34.1	017
Food Allergens	Cereals containing gluten Eggs and egg products Milk and milk products	822				4.0
Food Allergens Dish 14	Cereals containing gluten Eggs and egg products Milk and milk products Creamy Chicken Spaghetti (Normal)	-	31.0	54.7	47.2	
Food Allergens	Cereals containing gluten Eggs and egg products Milk and milk products Creamy Chicken Spaghetti (Normal) Cereals containing gluten	-				
Food Allergens Dish 14	Cereals containing gluten Eggs and egg products Milk and milk products Creamy Chicken Spaghetti (Normal)	-				
Food Allergens Dish 14	Cereals containing gluten Eggs and egg products Milk and milk products Creamy Chicken Spaghetti (Normal) Cereals containing gluten Eggs and egg products	-				
Food Allergens Dish 14 Food Allergens	Cereals containing gluten Eggs and egg products Milk and milk products Creamy Chicken Spaghetti (Normal) Cereals containing gluten Eggs and egg products Milk and milk products	822	34.0	54.7	47.2	4.0
Food Allergens Dish 14 Food Allergens Dish 15	Cereals containing gluten Eggs and egg products Milk and milk products Creamy Chicken Spaghetti (Normal) Cereals containing gluten Eggs and egg products Milk and milk products Creamy Chicken Spaghetti (Upsize)	822	34.0	54.7	47.2	4.0
Food Allergens Dish 14 Food Allergens Dish 15	Cereals containing gluten Eggs and egg products Milk and milk products Creamy Chicken Spaghetti (Normal) Cereals containing gluten Eggs and egg products Milk and milk products Creamy Chicken Spaghetti (Upsize) Cereals containing gluten	822 901	34.0 36.9	54.7	47.2 62.7	4.0
Food Allergens Dish 14 Food Allergens Dish 15 Food Allergens Dish 15 Dish 16	Cereals containing gluten Eggs and egg products Milk and milk products Creamy Chicken Spaghetti (Normal) Cereals containing gluten Eggs and egg products Milk and milk products Creamy Chicken Spaghetti (Upsize) Cereals containing gluten Eggs and egg products Milk and milk products Creamy Chicken Ham & Mushroom Spaghetti (Small)	822	34.0	54.7	47.2	4.0
Food Allergens Dish 14 Food Allergens Dish 15 Food Allergens	Cereals containing gluten Eggs and egg products Milk and milk products Creamy Chicken Spaghetti (Normal) Cereals containing gluten Eggs and egg products Milk and milk products Creamy Chicken Spaghetti (Upsize) Cereals containing gluten Eggs and egg products Greamy Chicken Spaghetti (Upsize) Cereals containing gluten Eggs and egg products Milk and milk products Creamy Chicken Ham & Mushroom Spaghetti (Small) Cereals containing gluten	822 901	34.0 36.9	54.7	47.2 62.7	4.0
Food Allergens Dish 14 Food Allergens Dish 15 Food Allergens Dish 15 Dish 16	Cereals containing gluten Eggs and egg products Milk and milk products Creamy Chicken Spaghetti (Normal) Cereals containing gluten Eggs and egg products Milk and milk products Creamy Chicken Spaghetti (Upsize) Cereals containing gluten Eggs and egg products Milk and milk products Cereals containing gluten Eggs and egg products Milk and milk products Creamy Chicken Ham & Mushroom Spaghetti (Small) Cereals containing gluten Eggs and egg products	822 901	34.0 36.9	54.7	47.2 62.7	4.0
Food Allergens Dish 14 Food Allergens Dish 15 Food Allergens Dish 16 Food Allergens	Cereals containing gluten Eggs and egg products Milk and milk products Creamy Chicken Spaghetti (Normal) Cereals containing gluten Eggs and egg products Milk and milk products Creamy Chicken Spaghetti (Upsize) Cereals containing gluten Eggs and egg products Milk and milk products Cereals containing gluten Eggs and egg products Milk and milk products Creamy Chicken Ham & Mushroom Spaghetti (Small) Cereals containing gluten Eggs and egg products Milk and milk products Milk and milk products	822 901 571	34.0 36.9 19.2	54.7 55.2 38.2	47.2 62.7 37.8	4.0 4.3 4.2
Food Allergens Dish 14 Food Allergens Dish 15 Food Allergens Dish 16 Food Allergens Dish 17	Cereals containing gluten Eggs and egg products Milk and milk products Creamy Chicken Spaghetti (Normal) Cereals containing gluten Eggs and egg products Milk and milk products Creamy Chicken Spaghetti (Upsize) Cereals containing gluten Eggs and egg products Milk and milk products Cereals containing gluten Eggs and egg products Milk and milk products Creamy Chicken Ham & Mushroom Spaghetti (Small) Cereals containing gluten Eggs and egg products Milk and milk products Cereals containing gluten Eggs and egg products Milk and milk products Cereals containing gluten Eggs and egg products Milk and milk products Creamy Chicken Ham & Mushroom Spaghetti (Normal)	822 901	34.0 36.9	54.7	47.2 62.7	4.0
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Food Allergens Dish 14 Food Allergens Dish 15 Food Allergens Dish 16 Food Allergens Dish 17	Cereals containing gluten Eggs and egg products Milk and milk products Creamy Chicken Spaghetti (Normal) Cereals containing gluten Eggs and egg products Milk and milk products Creamy Chicken Spaghetti (Upsize) Cereals containing gluten Eggs and egg products Milk and milk products Creamy Chicken Ham & Mushroom Spaghetti (Small) Cereals containing gluten Eggs and egg products Milk and milk products Creamy Chicken Ham & Mushroom Spaghetti (Small) Cereals containing gluten Eggs and egg products Milk and milk products Creamy Chicken Ham & Mushroom Spaghetti (Normal) Cereals containing gluten Eggs and egg products Milk and milk products Creamy Chicken Ham & Mushroom Spaghetti (Normal) Cereals containing gluten Eggs and egg products	822 901 571	34.0 36.9 19.2	54.7 55.2 38.2	47.2 62.7 37.8	4.0 4.3 4.2
Food Allergens Dish 14 Food Allergens Dish 15 Food Allergens Dish 16 Food Allergens Dish 17 Food Allergens	Cereals containing gluten Eggs and egg products Milk and milk products Creamy Chicken Spaghetti (Normal) Cereals containing gluten Eggs and egg products Milk and milk products Creamy Chicken Spaghetti (Upsize) Cereals containing gluten Eggs and egg products Milk and milk products Creamy Chicken Ham & Mushroom Spaghetti (Small) Cereals containing gluten Eggs and egg products Milk and milk products Creamy Chicken Ham & Mushroom Spaghetti (Small) Cereals containing gluten Eggs and egg products Milk and milk products Creamy Chicken Ham & Mushroom Spaghetti (Normal) Cereals containing gluten Eggs and egg products Milk and milk products Creamy Chicken Ham & Mushroom Spaghetti (Normal) Cereals containing gluten Eggs and egg products Milk and milk products	822 901 571 638	34.0 36.9 19.2 21.7	54.7 55.2 38.2 38.6	47.2 62.7 37.8 50.9	4.0 4.3 4.2 4.4
Food Allergens Dish 14 Food Allergens Dish 15 Food Allergens Dish 16 Food Allergens Dish 17 Food Allergens Dish 17 Food Allergens Dish 18	Cereals containing gluten Eggs and egg products Milk and milk products Creamy Chicken Spaghetti (Normal) Cereals containing gluten Eggs and egg products Milk and milk products Creamy Chicken Spaghetti (Upsize) Cereals containing gluten Eggs and egg products Milk and milk products Cereals containing gluten Eggs and egg products Milk and milk products Creamy Chicken Ham & Mushroom Spaghetti (Small) Cereals containing gluten Eggs and egg products Milk and milk products Creamy Chicken Ham & Mushroom Spaghetti (Normal) Cereals containing gluten Eggs and egg products Milk and milk products Creamy Chicken Ham & Mushroom Spaghetti (Normal) Cereals containing gluten Eggs and egg products Milk and milk products Cereals containing gluten Eggs and egg products Milk and milk products Cereals containing gluten Eggs and egg products Milk and milk products Creamy Chicken Ham & Mushroom Spaghetti (Upsize) <	822 901 571	34.0 36.9 19.2	54.7 55.2 38.2	47.2 62.7 37.8	4.0 4.3 4.2
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Food Allergens Dish 14 Food Allergens Dish 15 Food Allergens Dish 16 Food Allergens Dish 17 Food Allergens Dish 17 Food Allergens Dish 18	Cereals containing gluten Eggs and egg products Milk and milk products Creamy Chicken Spaghetti (Normal) Cereals containing gluten Eggs and egg products Milk and milk products Creamy Chicken Spaghetti (Upsize) Cereals containing gluten Eggs and egg products Milk and milk products Creamy Chicken Ham & Mushroom Spaghetti (Small) Cereals containing gluten Eggs and egg products Milk and milk products Creamy Chicken Ham & Mushroom Spaghetti (Small) Cereals containing gluten Eggs and egg products Milk and milk products Creamy Chicken Ham & Mushroom Spaghetti (Normal) Cereals containing gluten Eggs and egg products Milk and milk products Creamy Chicken Ham & Mushroom Spaghetti (Normal) Cereals containing gluten Eggs and egg products Milk and milk products Creamy Chicken Ham & Mushroom Spaghetti (Upsize) Cereals containing gluten Eggs and egg products	822 901 571 638	34.0 36.9 19.2 21.7	54.7 55.2 38.2 38.6	47.2 62.7 37.8 50.9	4.0 4.3 4.2 4.4
Food Allergens Dish 14 Food Allergens Dish 15 Food Allergens Dish 16 Food Allergens Dish 17 Food Allergens Dish 18 Food Allergens	Cereals containing gluten Eggs and egg products Milk and milk products Creamy Chicken Spaghetti (Normal) Cereals containing gluten Eggs and egg products Milk and milk products Creamy Chicken Spaghetti (Upsize) Cereals containing gluten Eggs and egg products Milk and milk products Creamy Chicken Ham & Mushroom Spaghetti (Small) Cereals containing gluten Eggs and egg products Milk and milk products Creamy Chicken Ham & Mushroom Spaghetti (Small) Cereals containing gluten Eggs and egg products Milk and milk products Creamy Chicken Ham & Mushroom Spaghetti (Normal) Cereals containing gluten Eggs and egg products Milk and milk products Creals containing gluten Eggs and egg products Milk and milk products Creals containing gluten Eggs and egg products Milk and milk products Creals containing gluten Eggs and egg products Milk and milk products Creals containing gluten Eggs and egg produc	822 901 571 638 717	34.0 36.9 19.2 21.7 24.6	54.7 55.2 38.2 38.6 39.0	47.2 62.7 37.8 50.9 66.4	4.0 4.3 4.2 4.4 4.7
Food Allergens Dish 14 Food Allergens Dish 15 Food Allergens Dish 16 Food Allergens Dish 17 Food Allergens Dish 18 Food Allergens Dish 18 Food Allergens Dish 19	Cereals containing gluten Eggs and egg products Milk and milk products Creamy Chicken Spaghetti (Normal) Cereals containing gluten Eggs and egg products Milk and milk products Creamy Chicken Spaghetti (Upsize) Cereals containing gluten Eggs and egg products Milk and milk products Creamy Chicken Spaghetti (Upsize) Cereals containing gluten Eggs and egg products Milk and milk products Creamy Chicken Ham & Mushroom Spaghetti (Small) Cereals containing gluten Eggs and egg products Milk and milk products Creamy Chicken Ham & Mushroom Spaghetti (Normal) Cereals containing gluten Eggs and egg products Milk and milk products Creany Chicken Ham & Mushroom Spaghetti (Upsize) Cereals containing gluten Eggs and egg products Milk and milk products Creals containing gluten Eggs and egg products Milk and milk products Creals containing gluten Eggs and egg products Milk and milk products Creals c	822 901 571 638	34.0 36.9 19.2 21.7	54.7 55.2 38.2 38.6	47.2 62.7 37.8 50.9	4.0 4.3 4.2 4.4
Food Allergens Dish 14 Food Allergens Dish 15 Food Allergens Dish 16 Food Allergens Dish 17 Food Allergens Dish 18 Food Allergens	Cereals containing gluten Eggs and egg products Milk and milk products Creamy Chicken Spaghetti (Normal) Cereals containing gluten Eggs and egg products Milk and milk products Creamy Chicken Spaghetti (Upsize) Cereals containing gluten Eggs and egg products Milk and milk products Creamy Chicken Ham & Mushroom Spaghetti (Small) Cereals containing gluten Eggs and egg products Milk and milk products Creamy Chicken Ham & Mushroom Spaghetti (Small) Cereals containing gluten Eggs and egg products Milk and milk products Creamy Chicken Ham & Mushroom Spaghetti (Normal) Cereals containing gluten Eggs and egg products Milk and milk products Creals containing gluten Eggs and egg products Milk and milk products Creals containing gluten Eggs and egg products Milk and milk products Creals containing gluten Eggs and egg products Milk and milk products Creals containing gluten Eggs and egg produc	822 901 571 638 717	34.0 36.9 19.2 21.7 24.6	54.7 55.2 38.2 38.6 39.0	47.2 62.7 37.8 50.9 66.4	4.0 4.3 4.2 4.4 4.7
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Food Allergens Dish 14 Food Allergens Dish 15 Food Allergens Dish 16 Food Allergens Dish 17 Food Allergens Dish 17 Food Allergens Dish 18 Food Allergens Dish 18 Food Allergens Dish 19	Cereals containing gluten Eggs and egg products Milk and milk products Creamy Chicken Spaghetti (Normal) Cereals containing gluten Eggs and egg products Milk and milk products Creamy Chicken Spaghetti (Upsize) Cereals containing gluten Eggs and egg products Milk and milk products Creamy Chicken Ham & Mushroom Spaghetti (Small) Cereals containing gluten Eggs and egg products Milk and milk products Creamy Chicken Ham & Mushroom Spaghetti (Small) Cereals containing gluten Eggs and egg products Milk and milk products Creamy Chicken Ham & Mushroom Spaghetti (Normal) Cereals containing gluten Eggs and egg products Milk and milk products Creamy Chicken Ham & Mushroom Spaghetti (Upsize) Cereals containing gluten Eggs and egg products Milk and milk products Creamy Chicken Ham & Mushroom Spaghetti (Upsize) Cereals containing gluten Eggs and egg products Milk and milk products Prawns & Mushroom Spaghetti (Small) Cereals cont	822 901 571 638 717	34.0 36.9 19.2 21.7 24.6	54.7 55.2 38.2 38.6 39.0	47.2 62.7 37.8 50.9 66.4	4.0 4.3 4.2 4.4 4.7

No.	Ingredients	Energy (Kcal)	Protein (g)	Total Fat (g)	Carbohyrate (g)	Sugar (g)
Dish 20	Prawns & Mushroom Spaghetti (Normal)	624	23.0	36.9	50.0	4.2
Food Allergens	Cereals containing gluten					=
	Crustacean and crustacean products					
	Eggs and egg products					
	Milk and milk products					
Dish 21	Prawns & Mushroom Spaghetti (Upsize)	703	25.9	37.3	65.4	4.5
Food Allergens	Cereals containing gluten					
	Crustacean and crustacean products					
	Eggs and egg products					
	Milk and milk products					
Dish 22	Hot Chicken Spaghetti (Small)	298	16.6	8.6	36.9	7.0
Food Allergens	Cereals containing gluten					
Dish 23	Hot Chicken Spaghetti (Normal)	365	19.1	9.0	50.0	7.3
Food Allergens	Cereals containing gluten		22.0		65 F	7.6
Dish 24	Hot Chicken Spaghetti (Upsize)	444	22.0	9.4	65.5	7.6
Food Allergens Dish 25	Cereals containing gluten	688	28.8	46.7	37.6	4.0
Food Allergens	Creamy Sausage & Mushroom Spaghetti (Small)	088	28.8	40.7	37.0	4.0
roou Allergelis	Cereals containing gluten Eggs and egg products	_				
	Milk and milk products	-				
Dish 26	Creamy Sausage & Mushroom Spaghetti (Normal)	755	31.3	47.0	50.7	4.2
Food Allergens	Cereals containing gluten		51.5	17.5	50.7	7.2
	Eggs and egg products					
	Milk and milk products	1				
Dish 27	Creamy Sausage & Mushroom Spaghetti (Upsize)	834	34.2	47.5	66.1	4.5
Food Allergens	Cereals containing gluten					
	Eggs and egg products					
	Milk and milk products					
Dish 28	Alfredo (Small)	651	28.9	42.8	37.8	4.2
	Cereals containing gluten					
Food Allergens	Crustacean and crustacean products					
Dish 29	Alfredo (Normal)	718	31.3	43.2	50.9	4.4
Food Allergens	Cereals containing gluten					
	Eggs and egg products					
	Milk and milk products					
Dish 30	Alfredo (Upsize)	797	34.2	43.7	66.4	4.7
Food Allergens	Cereals containing gluten	_				
	Eggs and egg products Milk and milk products	-				
Dish 31	Chicken Patty Spaghetti	530	29.3	19.1	58.4	7.6
Food Allergens	Cereals containing gluten	550	25.5	15.1	56.4	7.0
i oou / meigeno	Eggs and egg products					
Dish 32	Chicken Cheese Ball Spaghetti	501	24.3	16.7	61.7	9.6
Food Allergens	Cereals containing gluten					
	Eggs and egg products					
	Milk and milk products					
Dish 33	Salmon e Funghi Spaghetti (Small)	715	31.2	49.4	36.9	4.0
Food Allergens	Cereals containing gluten					
	Eggs and egg products	_				
	Fish and fish products	_				
	Milk and milk products					
Dish 34	Salmon e Funghi Spaghetti (Normal)	782	33.7	49.7	50.0	4.2
Food Allergens	Cereals containing gluten					
	Eggs and egg products	_				
	Fish and fish products					
Dick 25	Milk and milk products	001	26.0	EO 3	CE 4	F
Dish 35	Salmon e Funghi Spaghetti (Upsize)	861	36.6	50.2	65.4	5
Food Allergens	Cereals containing gluten Eggs and egg products					
	Fish and fish products					
	Milk and milk products					
Dish 36	Seafood Marinara (Small)	373	36.1	7.8	37.9	7
Food Allergens	Cereals containing gluten	575	50.1	7.0	57.5	,
	Crustacean and crustacean products					
	Fish and fish products	-1				
	Seafood Marinara (Normal)	440	38.5	8.1	51.0	7
Dish 37	Cereals containing gluten					
Dish 37 Food Allergens						
Dish 37 Food Allergens	Crustacean and crustacean products					
		_				
	Crustacean and crustacean products	519	41.4	8.6	66.5	8
Food Allergens	Crustacean and crustacean products Fish and fish products	519	41.4	8.6	66.5	8
Food Allergens Dish 38	Crustacean and crustacean products Fish and fish products Seafood Marinara (Upsize)	519	41.4	8.6	66.5	8

No.	Ingredients	Energy (Kcal)	Protein (g)	Total Fat (g)	Carbohyrate (g)	Sugar (g)
Dish 39	Creamy Fish Pasta (Small)	616	32.1	39.0	34.1	4
Food Allergens	Cereals containing gluten					
	Eggs and egg products					
	Fish and fish products					
	Milk and milk products					
Dish 40	Creamy Fish Pasta (Normal)	683	34.6	39.4	47.2	4
Food Allergens	Cereals containing gluten					
	Eggs and egg products					
	Fish and fish products					
	Milk and milk products					
Dish 41	Creamy Fish Pasta (Upsize)	762	37.5	39.8	62.7	4
Food Allergens	Cereals containing gluten					
	Eggs and egg products					
	Fish and fish products					
	Milk and milk products					
Dish 42	Baked Beans, Fries & Sausage	359	16.8	22.0	21.7	4
Food Allergens	Cereals containing gluten					
	Crustacean and crustacean products					
Dish 43	Baked Beans, Mashed Potato & Sausage	447	18.6	24.6	35.6	6
Food Allergens						

No.	Ingredients	Energy (Kcal)	Protein (g)	Total Fat (g)	Carbohyrate (g)	Sugar (g)
Side 1	Mashed Potato	89	1.9	2.5	13.8	2
Food Allergens						
Side 2	Sunny Side Up	102	7.0	8.0	0.5	0
Food Allergens	Eggs and egg products					
Side 3	French Fries	164	1.3	11.6	13.5	0
Food Allergens						
Side 4	Hot Dog	153	13.4	10.3	0.7	0
Food Allergens						
Side 5	Spaghetti	157	5.8	0.9	30.8	1
Food Allergens	Cereals containing gluten					
	Eggs and egg products					
	Fish and fish products					
	Milk and milk products					
Side 6	Tasty Rice	210	4.2	0.8	46.7	0
Food Allergens						
Side 7	Chicken Ham	36	3.8	1.9	1.0	0
Food Allergens						
Side 8	Coleslaw	68	0.7	4.7	4.9	4
Food Allergens	Fish and fish products					
	Milk and milk products					